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| Report to: | Cabinet | Date of Meeting: | 29 July 2021 |
| Subject: | Emotional Health and Wellbeing Strategy | | |
| Report of: | Executive Director of Children's Social Care and Education | Wards Affected: | (All Wards); |
| Portfolio: | Cabinet Member - Children's Social Care | | |
| Is this a Key Decision: | Yes | Included in Forward Plan: | Yes |
| Exempt / Confidential Report: | No | | |

Summary:

The purpose of this report is present the new Sefton Children and Young People's Emotional Wellbeing Strategy 2021-2026 to the Cabinet.

Recommendation(s):

(1) Cabinet supports the adoption of this Strategy for Sefton.

Reasons for the Recommendation(s):

The Strategy has received oversight from the Health and Wellbeing Board and Overview and Scrunity before submission to Cabinet.

Alternative Options Considered and Rejected: (including any Risk Implications)

Not applicable

What will it cost and how will it be financed?

(A) Revenue Costs

None identified by this report

(B) Capital Costs

None identified by this report

Implications of the Proposals:

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| Resource Implications (Financial, IT, Staffing and Assets): |
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| Legal Implications: | |
| Equality Implications: There are no equality implications. | |
| Climate Emergency Implications: | |
| The recommendations within this report will | |
| Have a positive impact | N |
| Have a neutral impact | Y |
| Have a negative impact | N |
| The Author has undertaken the Climate Emergency training for report authors | Y |
| The Strategy itself has no Climate implications identified however consideration will be needed through its delivery. | |

Contribution to the Council’s Core Purpose:

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| Protect the most vulnerable: <i>Details how Children and Young Peoples emotional health and wellbeing will be supported in Sefton over the next 5 years.</i> |
| Facilitate confident and resilient communities: <i>Details how Children and Young Peoples emotional health and wellbeing will be supported in Sefton over the next 5 years.</i> |
| Commission, broker and provide core services: Details commissioning vision for Emotional Health and Wellbeing for Children and Young People in Sefton |
| Place – leadership and influencer: <i>Details how Children and Young Peoples emotional health and wellbeing will be supported in Sefton over the next 5 years across the Health and Social care system</i> |
| Drivers of change and reform: <i>Details how Children and Young Peoples emotional health and wellbeing will be supported in Sefton over the next 5 years.</i> |
| Facilitate sustainable economic prosperity: N/A |
| Greater income for social investment: N/A |
| Cleaner Greener N/A |

What consultations have taken place on the proposals and when?

(A) Internal Consultations

The Executive Director of Corporate Resources and Customer Services (FD.6420/21.) and the Chief Legal and Democratic Officer (LD.4621/21.) have been consulted and any comments have been incorporated into the report.

(B) External Consultations

The Strategy builds on key consultations led by Liverpool John Moore's University, Sefton CVS and Sefton Educational Psychology Service.

Implementation Date for the Decision

Immediately following the Cabinet meeting.

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Appendices:

The following appendices are attached to this report:

- The Emotional Health and Wellbeing Strategy 2021 – 2026
- The Easy Read version of the Emotional Health and Wellbeing Strategy 2021 – 2026

Background Papers:

There are no background papers available for inspection.

1. Introduction/Background

- 1.1 Poor emotional health and wellbeing in childhood can often have a lasting impact into adulthood. Having a trusted adult that they can confide in is important for children and young people, especially if they have experienced, or are at risk of experiencing, adverse childhood experiences.
- 1.2 There should also be concerted efforts to incorporate an inequalities perspective when addressing children and young people's emotional health and wellbeing. We know this is best achieved via a robust and effective strategic partnership approach.

2. Activity and approach

- 2.1 Over the last 8 months partners have been working together to refresh the content of the Sefton Emotional Health and Wellbeing Strategy. The strategy links closely to the Sefton Health and Wellbeing Strategy and works alongside the Children and Young People's Plan 2020/25. It also reflects and supports the work of the Children and Young People Commissioning Strategy and The SEND Commissioning Strategy.

- 2.2 Development sessions have been held with partners to make sure the strategy provides the overarching framework, key issue points, and clear direction of travel needed to continue efforts to improve the emotional health and wellbeing of children and young people in Sefton. The strategy has also been substantially reduced in size. The aim being to make the document more accessible, easier to understand and to reduce unnecessary content.
- 2.3 The strategy reflects on the achievements of the previous Strategy and looks to build on the areas where further progress can be made.

3 Next steps

- 3.1 The strategy will be delivered by the Sefton Children's Emotional Health and Wellbeing Partnership. A partnership action plan – replicating the strategy at an operational and practical level - will form the core business of the Emotional Health and Wellbeing Partnership.
- 3.2 The strategy will adapt and be refreshed - as is needed - to help ensure that it tackles all issues which can negatively affect emotional health and wellbeing, and also supports activity that positively improves it.
- 3.3 Further work with Sefton CVS Young Advisors has been undertaken to produce a Young Person friendly version and we have agreed engagement and promotion as part of its adoption. This version is also attached to this report

4. Conclusion

Cabinet are asked to support the Strategy for formal adoption and note its publication on the Council's website.