

Report to:	Overview and Scrutiny Committee (Adult Social Care and Health)	Date of Meeting	21 June 2022
Subject:	Update Report of Fiona Taylor, Chief Officer		
Report of:	NHS South Sefton CCG / NHS Southport and Formby CCG	Wards Affected:	All
This Report Contains Exempt / Confidential Information	No		
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Purpose / Summary of Report:

To provide Members of the Committee with an update about the work of NHS South Sefton CCG and NHS Southport and Formby CCG.

Recommendation

Members of the Overview and Scrutiny Committee (Adult Social Care and Health) are requested to receive this report.

Update for Overview and Scrutiny Committee (Adult Social Care) June 2022

If you would like more information about any of the items contained in this update, if you have any questions about local health services, or any particular issues you would like to raise, please call 0151 317 8456.

Update on system changes to health and care

The Health and Care Bill received Royal Assent in April by Her Majesty The Queen, enacting the most significant health legislation in a decade into law. This milestone confirms that – subject to meeting readiness to operate requirements – NHS Cheshire and Merseyside Integrated Care Board (ICB) will become a statutory body on 1 July 2022, upon the disestablishment of the region's clinical commissioning groups (CCGs).

Sefton Partnership

Our two CCGs in the borough continue to work towards closedown and the new systems and arrangements of the ICB and our local place based partnership. Sefton Partnership brings together local NHS, Sefton Council, voluntary, community and faith (VCF) groups and other organisations involved in improving health, care and wellbeing in the borough. Sefton Partnership will strengthen local arrangements to improve health and care and deliver the priorities of our Health and Wellbeing Strategy and the local plan for the NHS, Sefton2gether.

A personal message from Fiona

In April 2013 the two clinical commissioning groups in Sefton were fully authorised to operate within the new NHS landscape. Over the past 9 years the CCGs have continued to work closely in partnership with NHS, local authority, community and voluntary sector colleagues, Healthwatch, our communities and many other stakeholders working across Sefton. As we move towards 1 July 2022 and the changes heralded in the Health & Social Care Bill (2021) we can be proud of the work in Sefton that lays a firm foundation for the newly emergent Sefton Partnership and the Cheshire and Merseyside Integrated Care Board.

I would like to personally wish Deborah Butcher, the designate place director for Sefton, the very best of luck in her new role. I also offer my grateful thanks to CCGs membership and staff and my wider colleagues across health and care for their work and support over the years. It has been a huge privilege serving as the accountable officer of both CCGs for the last nine years and prior to that the work we have achieved together during the total of 15 years I have worked in Sefton.

Visit the Cheshire and Merseyside Health and Care Partnership website for latest progress on the ICB development <https://www.cheshireandmerseysidepartnership.co.uk/>

CCGs good performance recognised in annual assessment

In their last annual assessment before being disestablished, both CCGs have assured NHS England and Improvement (NHSEI) that they have met their statutory duties in 2021-2022. Each year NHSEI has a responsibility to assess the performance of CCGs. That assessment must consider the duties of CCGs to improve the quality of services, reduce health inequalities, obtain appropriate advice, involve and consult the public and comply with their financial duties. Since the pandemic, NHSEI has continued to thoroughly assess the performance of CCGs each year. In its notification to CCGs, NHSEI recognised both for their continued good work supporting the local response to the COVID-19 pandemic, whilst at the same time managing the smooth transfer of services to new system arrangements ahead of 1 July 2022. NHSEI cited some particularly strong examples of innovative practice and integrated working that it commended both CCGs on. This included supporting health and wellbeing in the workplace, promoting COVID-19 vaccinations, investment in primary care seven day services, urgent care initiatives such as commissioning North West Ambulance Service Sefton Paramedic Emergency Response Vehicles and care navigators at the front door of A&E in Southport. The CCGs investment in workforce through several initiatives, including apprenticeship routes into administration and clinical roles was also commended.

Views sought on proposals for Liverpool University Hospitals services

The NHS across north Merseyside has launched a public consultation about proposals for five Liverpool University Hospitals NHS Foundation Trust (LUHFT) services – breast surgery, general surgery, nephrology, urology, and vascular surgery. Running from 7 June until 2 August 2022, the consultation is part of a wider plan to better organise where care happens across Aintree, the Royal Liverpool, and Broadgreen hospitals.

The proposals involve bringing staff together – where they aren't already working as a single team – so that care is more joined up. Bringing clinical teams together and reducing duplication across Liverpool's main adult hospitals, will help make the most of specialist staff and resources, and ensure that all patients receive the same, high-quality treatment, whichever hospital they use. If the changes went ahead, it would mean that in some cases people would be treated at a different LUHFT hospital than they might currently use. This would mainly affect specialist surgery and inpatient care (where an overnight stay in hospital is required), but there are separate plans for each of the five services.

People can find out more and fill out an online questionnaire at: www.futureLUHFT.nhs.uk Those who need printed information, alternative formats, or languages other than English can call 0151 247 6406 (Monday to Friday, between 9am-5pm), text: 07920 206 386 or email: future.LUHFT@nhs.net

Those who would prefer to provide their feedback over the phone can also use the contact details above to get in touch with NHS Liverpool Clinical Commissioning Group (CCG), which is co-ordinating the public consultation on behalf of is coordinating the public consultation on behalf of Sefton and Knowsley CCGs.

In addition, a number of online meetings will take place during June, giving people a chance to hear about the proposals and take part in focus group discussions. For details of when these events are taking place and how to sign up, visit: www.futureLUHFT.nhs.uk

Update on COVID-19 vaccination programme

Southport and Formby's primary care network COVID-19 vaccination service has gained national praise from NHS England and Improvement for its work to vaccinate care home residents and staff. Uptake rates in care homes across Sefton are good and amongst the best in the region and the recognition of Southport and Formby PCN's specific work recognises the efforts being carried out in the area.

We are continuing to remind eligible Sefton residents that it's not too late to get their COVID-19 spring booster and to book theirs as soon as possible. Whilst spring boosters are expected to reduce over the summer, provision remains in place for anyone eligible who hasn't yet taken up the offer of one or more COVID-19 vaccination as part of the fully recommended course of jabs. We expect to shortly begin planning for an autumn booster programme that will be designed around guidance from the Joint Committee for Vaccinations and Immunisations. The best way to book a vaccination is to go online www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/ or call 119.

Thousands respond to GP COVID-19 access survey

More than 10,500 people responded to our survey asking for their experience of using GP practice services during the pandemic. We started to roll out the survey at the end of 2021, with the final phase closing in mid-March. Practices sent invitations to their patients mainly by text or letter asking them to take part by completing the online questionnaire, which was also available in easy read format. The exercise will help practices respond to the requirements of the Local Quality Contract focused on understanding and improving patient access.

Flexibility was built into the survey's design so that patients registered at a small number of practices where there have been other changes have been asked additional questions. These other changes related to the following:

- Permanent closure of Roe Lane Surgery, Southport
- Ongoing temporary site closures in response to the pandemic at three PC24 run sites, which has meant the following arrangements have been temporarily in place for face to face appointments:
 - Seaforth Village Surgery patients are seen at Litherland Practice
 - Netherton Practice patients are seen at Thornton Practice
 - Crosby Village Surgery patients are seen at Crossways

Responses are being evaluated and this process is expected to be complete by the end of the summer due to the high number of responses. Practices will discuss their individual results with their patient participation groups to explore how access can be improved.

Overarching results for each CCG will be published and broad themes will help inform if any wider measures can be put in place to support practices and their patients.

New interim provider for Hightown Village Surgery

Since 29 April 2022 Hightown Village Surgery has been run by TCG Medical Services Limited on an interim basis, ensuring continuous care for the practice's small community of just under 2,000 registered patients. TCG Medical Services Limited replaced Chapel Lane Surgery for the remainder of the life of the current contract. The practices worked together to ensure a smooth switch to these new temporary management arrangements, put in place whilst a long term provider is found to run Hightown from April 2023. Merseyside based TCG Medical Services runs a number of practices in Sefton and Wirral.

There are no changes in access to services at the practice, and patients should continue to make contact in the usual ways by phone, or online using the e-Consult form found on the website www.hightownvillagesurgery.co.uk

Single PCN for south Sefton

From 1 April 2022 there has been one primary care network (PCN) for south Sefton, following approval of plans to merge Seaforth and Litherland and Bootle, Crosby and Maghull PCNs. The new South Sefton PCN covers around 155,000 patients living in area and builds on a strong record of joint working that has been developed through schemes such as the social prescribing link worker service and collaborative approaches to medicines management and enhanced health in care homes.

Merging has consolidated the wealth of experience and strong clinical leadership from each PCN, as this new partnership continues to support member practices in delivering joint programmes of work that respond to national requirements and local priorities.

Update on Shaping Care Together

Over the past year, Shaping Care Together has been asking local people what they think of health and care services provided in Southport, Formby and West Lancashire. So far, it has received almost 3,000 responses through online questionnaires and hard copy feedback forms. It has run a series of online and face-to-face in-depth discussion groups with local community organisations and delivered electronic newsletters and information videos about the programme.

All of the recommendations and ideas put forward in the engagement programme are being explored and the NHS will see how it can incorporate them into the care it provides, as well as into our potential solutions to the long-standing challenges. Clinicians, key stakeholders, and patient representatives will review a short list of potential solutions, making sure that it continues to work together to provide a sustainable future for health and care in Southport, Formby, and West Lancashire. You can find out more about the programme along with 'Our Challenges and Opportunities' document at www.yoursayshapingcaretogether.co.uk.

Sefton resident thanks GP and reminds others ‘they are still here for you’

We have been reminding residents that their GP practice is there for them, by sharing Joanne Hall's story about the first class care her dad received. Joanne recently got in touch with her GP practice in Blundellsands after receiving an update to say her dad's medication would be changing. Jo, who coordinates her dad's care then received a phone call from her GP to discuss her concerns. During the call, Jo was also able to have a general discussion about her dad's health, including a worrying infection in his foot.

Jo said: "My dad is housebound and struggles with his mobility. He had developed an infection in his foot, and I was getting increasingly worried about it. When I raised it with the GP, she liaised with dad's podiatrist and arranged for the district nursing team and the domiciliary blood service to visit him. The GP kept me updated every few days with blood test results and based on one conversation, came out to visit us herself. She was brilliant and really listened to dad. We were involved at every step and it just felt like we were all doing everything we could to look after him."

GP practices continue to see more patients each month whether that be face-to-face, over the phone, or via a video link. In the six months between July 2021 and December 2021, 743,991 appointments were organised for residents in Sefton, an increase of 11.5% from the previous six months.

You can see a video of Joanne telling her full story [here](#).

New eating disorders service for Sefton

Sefton now has a dedicated service to help young people who are battling with eating disorders. The service is called FREED, the 'First Episode Rapid Early Intervention for Eating Disorders' and it is a flexible, evidence-based treatment approach. The service will transform care for those with eating disorders, or emerging eating disorders by enabling them to be seen earlier and through a stepped care approach, which aims to provide the most efficient and effective intervention first. It will allow transition to a more specialist intervention, should it be required. FREED's focus on early intervention makes it more effective at reversing the changes to the brain, body and behaviour caused by eating disorders.

Currently run by Mersey Care NHS Foundation Trust across Liverpool, the service extended into Sefton at the start of June and is open to 16 to 25 year olds in the area who have had an eating disorder for three years or less. Eating disorders historically have the highest mortality rate of any mental health disorder. One in seven women are likely to experience it over the course of their lifetime and peak onset is during adolescence and young adulthood. Sefton FREED will also become part of the national FREED network, which joins them up with other specialist eating disorder services using the model across the country.

Any patients wishing to use it can be referred via their GP through the main Eating Disorder Service, where the new service will be based.

Website provides reliable health apps to Sefton

People in Sefton can now help themselves to live healthier, happier lives using accredited health applications included on www.sefton.orchha.co.uk. Health and care partners across the NHS, council and voluntary, community and faith (VCF) sector in Sefton have worked with the Organisation for the Review of Care and Health Applications (ORCHA) to develop an online health app library. There are thousands of accredited health apps listed on the website and they have been carefully selected to meet the health needs of people in Sefton. They include apps to help people keep active, eat healthier, support their mental health and manage long term conditions such as diabetes, asthma, or heart disease.

The project is a great example of how organisations are coming together as part of Sefton Partnership to improve the health and wellbeing of people in the borough.

New school nurse text messaging service launched for 11 to 19 year olds in Sefton

Since the end of May young people in Sefton have been able to contact their school nurse in a quick and easy way following the launch of a new text messaging service from Mersey Care NHS Foundation Trust. Sefton residents aged 11 to 19 can send a message, anonymously if they wish, to their school nurse to get confidential help and advice about a range of health concerns, including emotional health, sexual health, relationships, alcohol, drugs and bullying.

The new service is available Monday to Friday (excluding bank holidays) from 9am to 4.30pm. Each message sent to the dedicated number, 07312 263 291, will receive an automated reply and a specialist community public health nurse will reply within 24 working hours. The Sefton messaging service is run by Mersey Care. Promotional materials have been distributed to schools to advertise the service in the form of leaflets, poster and digital assets for websites, school app, parents' newsletter and some slides for schools to be shared at assemblies.

Urgent help should be sought from an NHS walk-in centre or by calling NHS 111. In an emergency, dial 999 or go to A&E and an automated response will signpost to these services

Babies cry, you can cope

We are promoting the ICON campaign aimed at supporting dads, mums and care givers in Sefton to cope with crying and to raise awareness of, and prevent, abusive head trauma in newborns. ICON stands for:

I – Infant crying is normal

C – Comforting methods can help

O – It's OK to walk away for a few minutes if your baby is safe

N – Never, ever shake a baby

ICON provides guidance on how to cope with crying babies, tips for comforting infants and advice for staying calm and relaxed. You can also download and fill in your own 'coping with crying' plan from the ICON website, to plan ahead and know what to do when infant crying feels overwhelming. Visit the ICON website to find advice and resources for parents and caregivers on coping with crying: www.iconcope.org/parentsadvice

We are coordinating the campaign across Cheshire and Merseyside on behalf of safeguarding leads in the region after securing funding from NHS England and Engagement. As well as a communications toolkit for health and care partners to promote ICON across their networks, adverts ran on Radio City, Greatest Hits Liverpool and Greatest Hits Warrington for two weeks at the end of May.

Final CCG Governing Body meetings

The June governing body meetings of the CCGs were the last sessions in the life of the organisations, ahead of their disestablishment on the passing of the Health and Social Care Bill into law. As well as discussing final business of the CCGs, the meetings included a presentation charting the achievements of the organisations and the future of health and care in the borough, which will be led by Sefton Partnership working as part of the wider integrated care system for Cheshire and Merseyside.

You can see recordings of the meetings on each CCG website, along with meeting papers including a copy of a document charting the CCGs work.

Visit the CCGs' websites for more about their work www.southseftonccg.nhs.uk or www.southportandformbyccg.nhs.uk, follow them on Twitter [@NHSSSCCG](https://twitter.com/NHSSSCCG) or [@NHSSFCCG](https://twitter.com/NHSSFCCG) or see a range of short films on You Tube for [NHSSSCCG](https://www.youtube.com/channel/UC...) or [NHS SFCCG](https://www.youtube.com/channel/UC...)