

NHS Cheshire and Merseyside, Sefton

Update Report

January 2025

Mental health support and integration

(for more information contact: angela.clintworth@cheshireandmerseyside.nhs.uk)

- Currently within Sefton we average approximately 6 patients per week who are deemed Clinically Ready for Discharge (CRFD) with Mersey Care NHS Foundation Trust (MCFT) reporting 80+ for their provider footprint.
- MH Capacity & Flow Meetings - as a system we meet on a weekly basis with MCFT, North and Mid Mersey Place representatives, LA representatives and NWAS to review sitrep data and support the Trust in accelerating patient discharges where possible. This forum also enables us to identify any issues/trends that need to be addressed strategically from a place/pan-place perspective with housing/accommodation availability being a key issue. There are also MADE meetings that take place on a weekly basis with operational staff that supports patient flow also. The ICB has recently taken over chairing responsibility for these meetings and we are starting to evidence an increase in discharge arrangements due to the meetings being more solution focused.
- In respect of the above we have an established Strategic Housing Commissioning Group which is led by Sefton Council's Housing Department, which meets monthly to address our specific housing/accommodation needs across health and social care, which informs our strategy locally and the work that is currently being undertaken across Cheshire & Merseyside, as part of the TCP/MH Programme to develop provision that facilitates timely discharge and prevents hospital admission at place.
- We have commissioned an integrated mental health recovery service at place (Woodlands) which provides 11 beds and 2 emergency respite beds to support timely discharge and prevent hospital admission and we are working in partnership with Sefton's Housing Department and their Housing Options Team to further develop pathways that will support capacity and flow.
- We are currently working in partnership with the ICB, Adult Social Care and Housing to develop a complex mental health accommodation-based service for individuals who are homeless as part of the Complex Lives Work Programme.
- We are also progressing plans to commission an integrated ACES (Adverse Childhood Experiences) Programme. The integrated ACES support will incorporate learning from both Council and PCN led initiatives which will enable us to increase and enhance the service offer, providing greater reach across our communities including children and young people through a family-based approach.
- We are also working in partnership with the Council's Adult Social Care Department to develop a joint reviewing/commissioning strategy for both Mental Health and Learning Disabilities that will enable us to review current commissioned activity, ensuring we have appropriate services at place that will support assessed need and address any gaps in current service provision.

- We are currently reviewing the Mental Health Recovery Team which is an integrated resource hosted by Adult Social Care's Community Mental Health Team, to understand if we need to expand this resource. The Team provides 12-week short-term intensive reablement support to accelerate hospital discharge or promote recovery from mental illness and improve quality of life. The team consists of 4.5 support workers who work across both north and south Sefton and sit within CMHT's and are managed by Adult Social Care Team Managers. The team achieve really positive outcomes with 66% of individuals accessing the service during 23/24 no longer requiring long term support.

South Sefton Primary Care Network

(for more information contact: rachel.stead@southseftonpcn.nhs.uk)

South Sefton Primary Care Network (PCN) won PCN of the Year for significantly improving capacity and access for patients, adding over 20,000 appointments into general practice via their South Sefton Access Service, all the while remaining responsive to local priorities, patient needs and patient voice.

Latest NHS Cheshire and Merseyside Board meeting

The next NHS Cheshire and Merseyside Board meeting takes place on 30 January 2025 9.30am to 12.30pm. Location: The Ballroom, Bootle Town Hall, Oriel Road, Bootle, L20 7AE

All Board meetings held in public are live-streamed via our YouTube channel to enable those who are unable to attend in person to observe the meeting, with recordings of these meetings also made accessible via our Meeting and Event Archive.

You can find the link to the NHS Cheshire & Merseyside YouTube channel here

<https://www.youtube.com/@NHSCandM/streams>

You can find details of all forthcoming meetings here:

<https://www.cheshireandmerseyside.nhs.uk/get-involved/upcoming-meetings-and-events/>

Papers from all previous meetings can be found here:

<https://www.cheshireandmerseyside.nhs.uk/get-involved/meeting-and-event-archive/>

Follow Sefton Partnership on Twitter [@SeftonPartners](https://twitter.com/SeftonPartners) and on [Facebook](https://www.facebook.com/SeftonPartners) or see a range of short films on YouTube for [Sefton Partnership](https://www.youtube.com/SeftonPartners)

Visit the NHS Cheshire and Merseyside website here: www.cheshireandmerseyside.nhs.uk